

NORTHEAST FRONTIER RAILWAY

Office of the
General Manager(P)
Maligaon, Guwahati-1

No.E/195 G/I Pt.XV (C)

Date: 04 May, 2021

To,
GM/NFR/CON/MLG,
AGM/NFR/MLG, DGM & Secy. to GM/NFR/MLG,
All PHODs, DRMs, ADRM, CWM/NBQ, DBWS, Station Director/NJP, GHY
All Sr. DPO/DPOs, Sr.DFMs/DFMs, Sr.DSC(RPF)/DSC,
WAO/NBQs, DBWS, All Area Managers, WM(EWS)/BNGN
All Non-Divisionalised Units, Chairman/RRB/GHY & SGUJ, Chairman/RRC/GHY.
DPO/GHY, NJP, Sr. EDPM/MLG, Sr. DSTE/MLG,
Addl. Registrar/RCT/GHY, Dy. CMM/PNO, DBRT, NJP, SPO/RE/NJP,
CPRO/MLG, S&AO/MLG, Law Officer/MLG, SPO/NBQs, DBWS,
All Sr. DME(D)s, Dy. CAO/Cash & Pay, MD/CH/MLG, DGM(G)/MLG,
Dy. CSTE(TC)MLG, Dy. CE/Br.Line/MLG, Sr. DEN/MLG, DEE(RE)/MLG,
Dy. CPO(CON)/MLG, DSTE(WS)/PNO, Principal MDTC/RNY
All Dy. CPOs, SPOs, & APOs of P. Branch/MLG
The GS/NFREU, NFRMU/PNO, AISCTREA, NFROBCEA, NFRPFA, & NFRPOA/MLG

**Sub: WEBINAR ON “PERSPECTIVES OF HEALTH & IMMUNITY DURING COVID TIMES”
on 7th May, 2021 at 10:30 hrs to 11:30 hrs.**

This is to inform that a Webinar has been scheduled on 7th May, 2021 at 10:30 hrs to 11:30 hrs on the topic “PERSPECTIVES OF HEALTH & IMMUNITY DURING COVID TIMES”.

The Webinar has been organized for the serving and retired Railway Officials of Headquarter, Divisions & Workshops, Supervisors, NFRWWO, representatives of Union/Associations and NFR Bharat Scouts & Guides, with the aim to create awareness among the participants on how to keep themselves healthier with stronger immune systems and lower risk to infectious disease like COVID-19 during this unprecedented pandemic.

Dr. Latha Damle, BAMS, MD (Ayurveda), Founder & CSO, Atrimed Biotech LLP, Chief Scientific Officer, Atrimed, Bangalore will be the invited Guest speaker and presenter on the topic.

Please find enclosed herewith details about the Webinar and link of **Online Registration Form** for the Participants (Registration Form Link is <https://forms.gle/KZKpakg38YtQ7DWa7>). Participants can attend the Webinar through **Cisco Webex** and **You Tube** platforms.

- (a) **CISCO WEBEX link, Login ID & Password** : Event number: **184 884 6748** Event password : **258745**
<https://railtelindia.webex.com/railtelindia/onstage/g.php?MTID=e8f6e1fec3fe25f776c9ea9f2fc92ff2d>
- (b) **You Tube web link** will be shared through Email of registered participants and uploaded on the website of N F Railway (<https://nfr.indianrailways.gov.in>).

All PHODs/HODs/DRMs and all controlling Officers are requested to make wide circulation of this letter so that maximum participants attend the Webinar.

This is for information and necessary action please.

DA : As mentioned above.



(P. Kishore Babu)

Chief Personnel Officer/Admn.
For General Manager(P)/NFR/Maligaon

Copy for kind information to :-

1. Secy. to GM/NFR - for kind information of GM/NFR
2. Secy. to GM/Con/NFR – for kind information of GM/CON/NFR
3. Asst. Secy. to AGM/NFR - for kind information AGM/NFR



Northeast Frontier Railway

Maligaon, Guwahati-781011

PERSONNEL DEPARTMENT

Organizes a Webinar

On

PERSPECTIVES OF HEALTH & IMMUNITY DURING COVID TIMES

Dr. Latha Damle, BAMS, MD (Ayurveda),
Founder & CSO, Atrimed Biotech LLP,
Chief Scientific Officer, Atrimed, Bangalore.



May 7, 2021

Friday



10:30 AM



Webex Link for Participants :

<https://railtelindia.webex.com/join/railtelindia/onstage/g.php?MTID=e8f6e1fec3fe25f776c9ea9f2fc92ff2d>

Event number : 184 884 6748

Event password : 258745

You Tube Link will be available on the website of N F Railway

<https://nfr.indianrailways.gov.in/>

We are indeed passing through an unprecedented, tough and grievous time battling one of the worst diseases of the century, Covid-19. Lives are being lost, the economy is plummeting, all because of an invisible virus that does not even have a life of its own! While the panic and fear are gripping, it is the need of the hour to ensure our health is at its optimum level so that we sail through this challenge. When the whole scientific community is groping in dark to find the answer, it has become significant to look for alternative approaches that have scientific evidence. Working in the field of Ayurveda and Medicinal research for the last 25 years, our work has yielded positive results in our series of works in Covid research. I am hopeful of finding an apt remedy in the days to come. Concept of immunity has also become crucial to us.

Dr. Latha Damle



CLICK HERE TO REGISTER



<https://forms.gle/KZKpkg38YtQ7DWa7>

Registration is free for all Participants :

Opens on : 4th May, 2021 Closes on: 6th May, 2021

Railway Officials of Headquarter, Divisions & Workshops, Supervisors, NFRWWO, Representatives of Unions & Associations and NFR Bharat Scouts & Guides are cordially invited to participate in the Webinar.

PROTECT YOURSELF FROM NOVEL CORONA VIRUS (COVID-19)